1) Called to order at 3:03pm with introductions
2) No public comments
3) Counselor story from Earl Martin- provided to avoid losing sight of why we do this
4) Mental Health vs. Holistic counseling
   a) Background: Heard stories about CTC students without timely counseling access
      i) In K12, must be licensed for crisis intervention and mental health work for counseling
         (1) 6-8 sessions before handing off to someone in the community
         (2) Clear definition of who can do what
   b) Duties as faculty counselors (from task force members)
      i) Licensed as mental health advisor as well (not required, but must have master’s in
         counseling and career experience), provides academic advising, curriculum development,
         crisis intervention, career counseling
   c) HB 1355 asks about support to care for mental health need of students and the career
      counseling
      i) We need to provide both holistic career and mental health, how can we knit these two
         mandates together
   d) Having a faculty counselor title does not necessarily equate to being a licensed mental health
      practitioner, needs clarity. Advisors are different than faculty counselor
   e) Definition at Seattle colleges for counselors? How have you arrived at a definition?
i) Not uniform across all three campuses
ii) All holistic counselors must have a master’s degree in counseling or social work
iii) Education of whole campus of what to look for and who to refer them to
iv) Partners with outside organizations (Jed Foundation and NAMI)
v) Limit to how many sessions

f) Columbia Basin College
i) Four specific faculty counselors licensed mental health counselors, focused on mental health and career counseling as well as crisis intervention
ii) Completion coaches are focused to academics
iii) Role is defined in collective bargaining agreement
iv) Many counselors will teach freshman experience class and workshops on stress management etc. (i.e. have provided support during the stay at home)
v) With subtle challenges that are not clearly mental health focused, how do academic coaches know when to refer to mental health counselor
   (1) During welcome week they host sessions
   (2) Three full day sessions throughout year include what to look for in referrals
   (3) Bring in employees to trainings to learn symptoms
   (4) Focus on educating everyone on what to look for and where to refer
vi) Limit to how many sessions

g) Having the affiliated status or licensing is required by law
i) Takes 2-3 years of post-graduation work to be eligible for license
ii) Licensed independent clinical social worker
   (1) Paying for supervision for 3000 hrs. stops many individuals
   (2) Lack of diverse pool
iii) Min Standards sub committee needs to review affiliated status

h) Lower Columbia College
i) All counselors worked with have masters in counseling or social work and needed training

i) Pierce College Puyallup
i) Some individuals do pieces that work into holistic model but may not do the mental health counseling
ii) Training is built in
iii) Concern about devaluing roles that play these important roles in our institution
iv) All faculty at Pierce provide academic advising

j) Not trying to determine models each college should use or auxiliary work, only who is doing the mental health counseling, and if they have the education to do it
i) Find out if we are understaffed or overstuffed
ii) Do we need more funding for more professionals on our campus?

k) We are looking at a holistic model while also looking at mental health
i) Staffing ratio should not look at only mental health counseling
ii) We are trying to look at who is doing the mental health work

l) Is success number of mental health counselors or is it wrap around services
i) Wrap around services are necessary to be successful, but should the focus of this task force be only to look at numbers of mental health counselors?
ii) Proposal to assess percentage of counselor’s time spent on mental health counseling

m) Cultural and personal barriers to seeking counseling
i) Nervous about focus on just mental health because it loses students that may not seek mental health counseling
(1) Colleges can still choose to use mental health counselors in whatever capacity
n) Sub-committees may need to sequence work, starting with the Minimum Standards group

5) Sub-Committee Updates
   a) Minimum Standards
      i) Affiliated licensure or certification is legal, but there is no oversight
      ii) Licensure requirements are rigorous and may provide barriers
      iii) Recommendations for continuing education standards
          (1) Distinction between licensure and graduating with the education, want to ensure training of master’s degree but not necessarily licensing
          (2) Job applications often say master’s degree in social work or related field, what is the related field
      iv) Licensed counselors must meet continuing education standards
          (1) Can we make affiliated license more meaningful?
          (2) Ongoing professional development should echo what a licensed counselor would be required
      v) Could SBCTC be the housing authority for who meets the credentials for counselors
      vi) How do we want to include those who are on the pathway to be a counselor?
   b) Best Practices
      i) Anxious to agree on terms and get a survey out to capture what is taking place
      ii) Difficult to find the bar for what is working, what criteria would we use
      iii) Identified research questions
          (1) Who is referring students to counseling
          (2) Focus on racial equity, pipeline of racially diverse counselors
   c) Staffing Ratios
      i) If prof orgs are suggesting ratios what are they
      ii) What prof orgs have relevancy to the work we are discussing?
      iii) What networks exist in the state gathering this information?
      iv) Surveying VPS
      v) What questions will we ask?
      vi) Paused on survey for larger conversation
          (1) Wait on survey

6) Information gaps and resources
   a) Minimum standard information needing to be added
      i) CCREP standards posted
      ii) APA- American psychology association
      iii) RCW’s

7) Next Meeting
   a) Doodle poll will go out for first week and second week of June
   b) Focus on Minimum Standards

8) Meeting adjourned at 5:00pm